How can I host a Zoom meeting from my computer?

Find below links to Zoom resouces depending what you are trying to accomplish with Zoom.

- [Zoom: Quick Guide for Meeting Hosts](#)
- [Use Zoom in Canvas to conduct class](#)
- [How to record your Zoom Session and upload it to Canvas](#)
- [Avoid "Zoombombers" from trolling your online classes](#)
- [Additional ITS Room Meeting Resources](#)
  - The [Zoom Getting Started with PC and MAC](#) guide provides details on getting started and using the tool
  - Watch the [Getting Started Videos](#)
  - Join the [Weekly Zoom Meetings and Webinar Training](#)
  - [Zoom’s Help Center](#) is a great resource for training materials

If you require technical assistance or have a question, please contact your local support provider or the ITS Help Desk. Or Call 203-432-9000, ITS Help Desk is available 24 hours a day, 7 days a week.

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